



TEXAS DEPARTMENT OF HEALTH
AUSTIN TEXAS
INTER-OFFICE

#02-132

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Barbara Keir, Director (Original Signed)
Division of Public Health Nutrition and Education
Bureau of Nutrition Services

DATE: October 25, 2002

SUBJECT: A new food stamp outreach brochure

The Texas Department of Human Services has a new food stamp outreach brochure titled *You Gotta Eat, Right?*. A sample copy of the tri-fold, 2-color brochure is attached. It provides general information about how to apply for food stamps, qualifications for the program and who to call for additional information. The brochures are free and available in 4 languages, English, Spanish, Vietnamese and Arabic. If you would like to make these pamphlets available to your WIC participants, please use the attached order form. Fax your completed order form to Shellie Shores, Nutrition Education Consultant, Bureau of Nutrition Services, at (512) 458-7609 by **Monday, November 4, 2002**. Your order will arrive in mid-December 2002.

If you have questions or require additional information, please contact Ms. Shellie Shores, Nutrition Education Consultant, at (512) 458-7111, extension 3463 or shellie.shores@tdh.state.tx.us or Ms. Mary Van Eck, Nutrition Education Coordinator, at (512) 458-7111, extension 3484 or mary.vaneck@tdh.state.tx.us.

Attachment

You Gotta Eat, Right?

Help is available!

**And it's now easier
than ever to qualify.**

**Texas Department of
Human Services**

Media Services 2P066 • June 2002
Publication No. DHS-935



Are you struggling to properly feed your family? Do you juggle bills to eat?

It's easier than ever to get the help you need to eat right!

Lots of Texans could use a little help stretching their food dollar and eating better. The Texas Nutrition Assistance Program can provide this boost, helping single people and families purchase nutritious food and improve their children's health.

How do I apply for nutrition assistance?

You can apply at any Texas Department of Human Services (DHS) office. You can find the nearest DHS office by looking in the blue pages of your phone book under the state government listings.

If you have access to the Internet, you can see if you are eligible by going to www.LoneStarCard.org

Do I have to be a U.S. citizen to receive nutrition assistance?

No. Some legal residents and all U.S.-born children qualify for assistance. Receiving assistance does not affect your chances of becoming a citizen.

Does owning a car disqualify me from receiving nutrition assistance?

No. If your car is worth less than \$15,000, you can still qualify for nutrition assistance.

Can I still receive nutrition assistance if I work?

Even if you have an income, you may still qualify. If you have a job, DHS can conduct your eligibility interview over the phone.

If I qualify, how soon can I start receiving nutrition assistance?

Within 30 days of applying, you will know if you qualify and how much you can receive. In an emergency, you may receive assistance immediately.

Do I really get food stamps?

No. Although the Texas Nutrition Assistance Program is part of the state and federal Food Stamp program, recipients actually use a card similar to a debit or credit card.

What if I have more questions?

Call your local Texas Department of Human Services office, or call the toll-free hotline at 1-877-556-2200. For confidential assistance in applying contact the following agency:

If you are applying for or currently receive food stamp benefits, you may participate in Food Stamp Nutrition Education Program classes called Better Living for Texans through the Texas Cooperative Extension. Call your local Extension office for more information.

Funding for the Food Stamp Outreach Program is from the Texas Department of Human Services (DHS) and the United States Department of Agriculture. Delivery of this and all DHS programs prohibits discrimination on the basis of race, color, national origin, sex, age, religion, political beliefs or disability.

To file a complaint of discrimination, write to USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW, Washington, D.C. 20250 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer. You may also file a complaint with your local DHS office.



You Gotta Eat, Right?
Food Stamp Brochure Order Form

Local Agency Name _____ LA# _____

Contact Person _____ Phone No: _____

Delivery Address: _____

_____ City _____ State _____ Zip Code _____

	Bilingual English/Spanish	Bilingual Vietnamese/English	Bilingual Arabic/English
Quantity			

Fax this completed order form to
Shellie Shores, at (512) 458-7609, by Monday, November 4, 2002.